

# Brief training in Therapeutic assessment with the MMPI-2-RF

Therapeutic Assessment (TA) is a paradigm in which psychological testing is used as the centerpiece of a brief psychotherapeutic intervention. Although TA typically relies upon a variety of tests and methods to address clients' problems in living, it will be presented and practically exemplified just the MMPI-2-RF as a focus for in-depth exploration. The training, after a general discussion of TA and some videotapes of TA interventions, will focus on TA with the MMPI-2-RF. Therapeutic Assessment is a relatively new brief psychotherapy that uses psychological tests to help clients explore and reach new understandings about their problems in living. The MMPI-2-RF has been shown in several controlled studies to be an effective centerpiece for Therapeutic Assessment, and detailed instructions and case examples now exist to help clinicians learn the procedures of TA with the MMPI-2-RF. At this point, TA shows the most promise with clients who voluntarily participate in an assessment in hopes of understanding themselves better and improving their lives.

Main teacher: Professor Hale Martin, Graduate School of Professional Psychology, University of Denver, Colorado, USA. Email: [hale.martin@du.edu](mailto:hale.martin@du.edu)

Scientific supervisor of curricular traineeship: Professor Attà Negri, University of Bergamo. Email: [atta.negri@unibg.it](mailto:atta.negri@unibg.it)

Tutors: Dr. Luca Belotti and dr. Giovanbattista Andreoli. Email: [luca.belotti@guest.unibg.it](mailto:luca.belotti@guest.unibg.it); [giovanbattista.andreoli@unibg.it](mailto:giovanbattista.andreoli@unibg.it)

Schedule: The training will consist of 15 hours in total, 12 of interactive lectures held by the main teacher, 3 of practicum in two groups held by tutors. **The training is mandatory for all second-year students** of the degree course in clinical psychology and is part of the curricular traineeship activities. In respect to the initial program of the traineeship activities, the training will replace the “workshop on intervention projecting in clinical psychology” (4 hours) and 11 hours of the “reflection in groups about the internship”.

- January 20<sup>th</sup>, 3.00-6.00 pm;
- January 22<sup>nd</sup>, 3.00-6.00 pm;
- January 27<sup>th</sup>, 3.00-6.00 pm;
- January 29<sup>th</sup>, 3.00-6.00 pm;
- February 5<sup>th</sup>, 1.00-4.00 pm (practicum for both groups).

Readings to be done before training:

Ben-Porath, Y. S. (2012). *Interpreting the MMPI-2-RF*. Minneapolis, MN: University of Minnesota. [Chaps. 1, 6, 7 & 8; the other chapters are only recommended; available also online on the university library platform]

Finn, S. E. & Kamphuis, J. H. (2005). Therapeutic Assessment with the MMPI-2. In J. N. Butcher (Ed.). *MMPI-2: A practitioner's guide*. Washington, D.C.: APA Books

Finn, S.E. (2007/2016). *In Our Client's Shoes: Theory and Techniques of Therapeutic Assessment*. New York, NY: Routledge. [Chaps. 1-4, and 8, 10, 11, 14 & 19; the other chapters are only recommended]

## Practicum groups – February 5th

### **Group A – Dott. Belotti**

ADDISON Maame Sika  
AKSOY Masum  
ALPHONSUS Elizabeth  
BAHADIR Zeynep  
BERRYMAN Danny Brent  
BOGA Stefana Maria  
BORTOLOTTI Lucrezia  
CARMINATI Patrizia  
CARUSO Silvia  
CAVALCANTI DE FARIA Diva Maria  
CHAUHAN Aditi  
ÇIFÇI Özge  
DE TOLEDO SARFATI  
DUTINA Danka  
DUVA Sema Gizem  
SARTORI Amanda  
FERRARIS Davide  
FIALLOS ANDRADE Andrea Estefania  
FONTANA Daniele  
GIORGI Martina  
SENGUL Sule  
GUZEL Beril  
HATIPOGLU Nazli  
NARTEY Michael

### **Group B – Dott. Andreoli**

ISMAYILOVA Sevinj  
KARLIAMPA Eleni  
KAYA Gözde  
KILIC Hare  
KILISLI  
LIAN Jia Yie  
LUCCHESE Elisa  
MARANGONI Nicole  
MARTINS ROCHA Diana Celina  
PETRUCCI Valentina  
PROFETA Emma  
ROCCO Daria  
BENEDETTI Paolo  
ERKAN Akya  
GUERINI Camilla  
SIMSEK Muhammet Furkan  
SUBACH Regina  
TORTO Sheila Dede Oboshie  
TÜTÜNCÜ Cansu  
UNEY Hilal  
UNVER Duygu  
WOLSIEFFER Stephany Ann  
YAUSEICHYK Anastasiya  
ZIZEVSKAIA Ekaterina